

	NON FAT FROZEN YOGURT 4/1GAL	SERVING SIZE	CALORIES	CALORIES FROM FAT	TOTAL FAT	SAT. FAT	TRANS FAT	CHOL.	SODIUM	TT. CARB.	FIBER	SUGARS	PROTEIN	VITAMIN A	VITAMIN C	CALCIUM	IRON
21031	NF BANANA PUDDING YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21020	NF BIRTHDAY CAKE YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21021	NF BUBBLE GUM YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21022	NF CHOCOLATE MINT YOGURT	89G	120	0	<0.5G	<0.5G	0G	0mg	40mg	26g	<0.5g	18g	3g	0%	2%	10%	6%
21023	NF ISLAND COCONUT YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21024	NF ROOT BEER FLOAT YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21025	NF VANILLA BEAN YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21036	NF HONEY DEW YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21003	NF CHEESECAKE YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21004	NF WILD STRAWBERRY YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21005	NF TAHITIAN VANILLA YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	21g	<0.5g	16g	3g	0%	2%	15%	0%
21016	NF SWISS CHOCOLATE YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	17g	3g	0%	2%	15%	4%
21002	NF DREAMY DARK CHOCOLATE YOGURT	89G	120	0	<0.5G	<0.5G	0G	0mg	55mg	26g	<0.5g	18g	3g	0%	2%	10%	15%
21038	NF PISTACHIO YOGURT	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
21041	NF ORCHARD PEACH YOGURT	88G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	10%	0%
21042	NF MOUNTAIN BLACKBERRY YOGURT	88G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	10%	0%
NON FAT- PLAIN TART FROZEN YOGURT 4/1GAL																	
21033	NF CALIFORNIA TART-HYBRID	88G	90	0	<0.5G	<0.5G	0G	0mg	50mg	19g	<0.5g	17g	3g	0%	2%	10%	0%
21014	NF ITALIAN STYLE TART	88G	90	0	<0.5G	<0.5G	0G	0mg	50mg	18g	<0.5g	16g	2g	0%	2%	10%	0%
21019	NF CLASSIC TART	88G	100	0	<0.5G	<0.5G	0G	0mg	50mg	18g	<0.5g	16g	2g	0%	2%	10%	0%
21032	NF ALL NATURAL TART	89G	100	0	<0.5G	<0.5G	0G	0mg	65mg	21g	<0.5g	20g	4g	0%	2%	15%	0%
LOW SUGAR- NON-FAT FROZEN YOGURT 4/1GAL																	
21028	LS NF ITALIAN TART YOGURT	88G	80	0	<0.5G	<0.5G	0G	0mg	50mg	17g	<0.5g	13g	2g	0%	2%	10%	2%
21029	LS NF PLAIN YOGURT	88G	100	0	<0.5G	<0.5G	0G	0mg	55mg	19g	<0.5g	14g	4g	0%	2%	15%	0%
NON FAT- FLAVORED TART FROZEN YOGURT 4/1GAL																	
21026	NF RASPBERRY TART YOGURT	88G	110	0	<0.5G	<0.5G	0G	0mg	65mg	22g	<0.5g	21g	4g	0%	2%	15%	0%
21034	NF BLUEBERRY TART	88G	120	0	<0.5G	<0.5G	0G	0mg	65mg	24g	<0.5g	23g	4g	0%	2%	15%	0%
REDUCED FAT FROZEN YOGURT 4/1GAL																	
21008	LF OLD FASHIONED PEANUT BUTTER YOGURT	89G	160	60	7G	2G	0G	5mg	55mg	20g	<0.5g	13g	4g	2%	2%	8%	0%
LOW FAT FROZEN YOGURT 4/1GAL																	
21006	LF ESPRESSO YOGURT	89G	120	25	3G	2G	0G	5mg	60mg	19g	<0.5g	16g	4g	2%	4%	15%	0%
21007	LF COOKIE N CREAM YOGURT	89G	120	25	3G	2G	0G	5mg	70mg	21g	<0.5g	17g	4g	2%	4%	15%	0%
21017	LF FRENCH VANILLA YOGURT	89G	120	25	3G	2G	0G	5mg	60mg	19g	<0.5g	16g	4g	2%	4%	15%	0%
21009	LF TRIPLE CHOCOLATE YOGURT	89G	130	25	2.5G	2G	0G	5mg	55mg	22g	<0.5g	17g	4g	2%	4%	15%	0%
21010	LF STRAWBERRY SENSATIONS YOGURT	89G	120	25	3G	2G	0G	5mg	65mg	20g	<0.5g	16g	4g	2%	4%	15%	0%
NO SUGAR ADDED- NON FAT- FROZEN YOGURT 4/1GAL																	
21011	NF NSA TAHITIAN VANILLA YOGURT	90G	80	0	<0.5G	<0.5G	0G	0mg	80mg	16g	<0.5g	6g	4g	0%	4%	15%	0%
21012	NF NSA CHOCOLATE YOGURT	90G	80	0	<0.5G	<0.5G	0G	0mg	85mg	17g	<0.5g	6g	5g	0%	4%	15%	4%
21013	NF NSA WILD STRAWBERRY YOGURT	90G	80	0	<0.5G	<0.5G	0G	0mg	80mg	16g	<0.5g	6g	4g	0%	4%	15%	0%
NON FAT- ENERGY FORMULAS FROZEN YOGURT 4/1GAL																	
21030	NF POMEGRANATE YOGURT ENERGY	89G	120	0	<0.5G	<0.5G	0G	0mg	90mg	24g	<0.5g	23g	4g	0%	2%	15%	0%
21035	NF ACAI ENERGY/VITAMIN	89G	120	0	<0.5G	<0.5G	0G	0mg	90mg	24g	<0.5g	23g	4g	0%	2%	15%	0%
SORBETS (NON-DAIRY) 4/1GAL																	
21027	NF MANGO SORBET	89G	90	0	0G	0G	0G	0mg	0g	22g	0g	19g	0g	0%	0%	0%	0%
21037	NF PINK LEMONADE SORBET	89G	90	0	0G	0G	0G	0mg	0g	22g	0g	19g	0g	0%	0%	0%	0%
21015	NF ND VALENCIA ORANGE SORBET	89G	90	0	0G	0G	0G	0mg	0g	22g	0g	19g	0g	0%	0%	0%	0%
SPECIALTY MIXES 4/1GAL																	
62004	GELATO MIX - VANILLA	89G	140	60	6G	4.5G	0G	15mg	95mg	18g	0g	14g	4g	4%	2%	15%	0%
62003	GELATO MIX - CHOCOLATE	89G	140	60	7G	4.5G	0G	15mg	85mg	18g	0g	14g	3g	4%	2%	10%	2%
63002	VANILLA CUSTARD	89G	180	90	10G	6G	0G	50mg	105mg	19g	0g	16g	4g	6%	4%	15%	0%
63001	CHOCOLATE CUSTARD	89G	180	80	9G	6G	0G	50mg	95mg	19g	0g	18g	5g	6%	2%	15%	4%
CACTUS SWEET NON FAT SWEETENED WITH AGAVE 4/1GAL																	
21040	TART	89G	100	0	0G	0G	0G	0mg	60mg	20g	0g	19g	4g	0%	2%	15%	0%
WANG BRAND NON FAT- FROZEN YOGURT 4/1GAL																	
24101	WANG NF CHOCOLATE	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
24102	WANG NF VANILLA	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%
24103	WANG NF STRAWBERRY	89G	100	0	<0.5G	<0.5G	0G	0mg	55mg	22g	<0.5g	16g	3g	0%	2%	15%	0%